

How To Conquer Moods (Part 1)

When men are cast down, then thou shalt say, There is lifting up; and he shall save the humble person.

He shall deliver the island of the innocent: and it is delivered by the pureness of thine hands. (Job 22:29-30)

Mood: A specific coloring A frame of mind A state of feeling The disposition of one's humour A temperament at a certain time

Fits of variable or unaccountable temper (melancholy, gloomy, bad-tempered, lamenting or mourning)

Surely oppression maketh a wise man mad; (Ecclesiastes 7:7)

Why art thou cast down, O my soul? (Psalm 42:5

My soul melteth for heaviness: strengthen thou me according unto thy word. (Psalm 119:28)

...why go I mourning because of the oppression of the enemy? (Psalm 42:9)

Why art thou cast down, O my soul? and why art thou disquieted in me? (Psalm 42:5)

It will be a sorry day for this world, and for all the people in it, when everybody makes his moods his masters, and does nothing but what he is inclined to do. The need of training the will to the performance of work that is distasteful; of making the impulses serve, instead of allowing them to rule, the higher reason; of subjugating the moods instead of being subjugated by them, lies at the very foundation of character. It is possible to learn to fix the wandering thought, to compel the reluctant mental energy, to concentrate the power upon the performance of a task to which there is no inclination. Until this victory has been gained, life holds no sure promise; the achievement of this conquest is the condition of future success. No matter how splendid may be the natural gifts, unless there is a will that can marshal and command them, the life is sure to be a failure. Anon.

Why It Is Important To Consular Manda

why it is important to conquer woods
Scriptural Terms Indicating Moods



Unto him that loved us, and washed us from our sins in his own blood, and hath made us kings and priests unto God and his Father; to him be glory and dominion for ever and ever. Amen. (Revelations 1:5-6)

For as he thinketh in his heart, so is he: (Proverbs 23:7)	
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But if ye forgive not men their trespasses, nei-	
ther will your Father forgive your trespasses. (Matthew 6:15))	
Therefore if thou bring thy gift to the altar, and	
there rememberest that thy brother hath ought against thee;	
Leave there thy gift before the altar, and go thy way; first be reconciled to thy brother,	
and then come and offer thy gift. (Matthew 5:23-24)	
Repent ye therefore, and be converted, that your sins may be blotted out, when the times	
of refreshing shall come from the presence of the Lord. (Acts 3:19)	
Confess your faults one to another, and pray	
one for another, that ye may be healed. The effectual fervent prayer of a righteous man	
availeth much. (James 5:16)	
if I have taken any thing from any man by false accusation, I restore him fourfold.	
This day is salvation come (Luke 19:8-9)	



He that covereth his sins shall not prosper: (Proverbs 28:13)	
His own iniquities shall take the wicked himself (Proverbs 5:22)	
He that walketh with wise men shall be wise: but a companion of fools shall be destroyed. (Proverbs 13:20)	4.
Whoso despiseth the word shall be destroyed: but he that feareth the commandment shall be rewarded. (Proverbs 13:13)	5.
	Inadequate Responses To Moods
Nevertheless God, that comforteth those that are cast down, comforted us by the coming of Titus;	
And not by his coming only, but by the consolation wherewith he was comforted in you, when he told us your earnest desire, your mourning, your fervent mind toward me; so that I rejoiced the more. (2 Corinthians 7:6-7)	How To Conquer Moods 1.
Therefore as by the offence of one judgment came upon all men to condemnation; even so by the righteousness of one the free gift came upon all men unto justification of life. (Romans 5:18)	2.
after the flesh: (For the weapons of our warfare are not carnal, but mighty through God to the pulling down of strong holds;) Casting down imaginations, and every high thing that exalteth itself against the knowledge of God,	1. 2. 3. 4.
and bringing into captivity every thought to the obedience of Christ; (2 Corinthians 10:3-5)	



	5.
	6.
	7.
Why art than east down O my soul? and why	
Why art thou cast down, O my soul? and why art thou disquieted in me? hope thou in God:	8.
for I shall yet praise him for the help of his countenance. (Psalm 42:5)	
teriance. (FSaiii 42.3)	
But thou, O LORD, art a shield for me; my glory,	
and the lifter up of mine head. (Psalm 3:3)	
O my God, my soul is cast down within me: therefore will I remember thee from the land	
of Jordan, and of the Hermonites, from the hill	9.
Mizar (Psalm 42:6) And thou shalt remember all the way which the	
LORD thy God led thee these forty years in the	
wilderness (Deuteronomy 8:2)	10.
To appoint upto them that mourn in Zion, to give	
To appoint unto them that mourn in Zion, to give unto them beauty for ashes, the oil of joy for	
mourning, the garment of praise for the spirit of heaviness; that they might be called trees of	
righteousness, the planting of the LORD, that	
he might be glorified.	
And they shall build the old wastes, they shall raise up the former desolations, and they shall	11.
repair the waste cities, the desolations of many	
generations. (Isaiah 61:3-4)	
David took on harn, and played with his hand.	12.
David took an harp, and played with his hand: so Saul was refreshed, and was well, and the	
evil spirit departed from him. (1 Samuel 16:23)	
He delivereth the poor in his affliction, and openeth their ears in oppression.	13.
(Job 36:15)	
Take heed what ye hear	
My soul melteth for heaviness: strengthen thou me according unto thy word. (Psalm 119:28)	14.
according to the power which the Lord hath	
given me to edification, and not to destruction.	
(2 Corinthians 13:10)	

